



Formula Windsurfing Foil
WORLD CHAMPIONSHIP

30 June - 06 July 2019 | Puck | Poland 

Organising Authority – Polish Windsurfing Association

SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a board. **This changes WCR 60.1.**

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing. **This Changes WCR A5.**

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing – [Windsurfing Edition \(WCR\)](#).
- 1.2 If there is a conflict between languages, the English text will take precedence.
- 1.3 All changes to the sailing Instructions shall be approved by the class representative.
- 1.4 The arbitration system as described in SI Appendix B will apply.

2. [SP] [NP] ADDITIONAL IDENTIFICATION AND ADVERTISING

- 2.1 Event lycras will be provided by the organiser and shall be worn outside any other clothing or equipment at all times when afloat and during media interviews ashore.
- 2.2 Event lycras and event stickers shall not be cut, trimmed, defaced, or altered in any way.
- 2.3 Penalties:
 - 2.3.1 Failure to comply with SI 2.1 and 2.2 will result in a 2 points penalty without a hearing for the first race sailed on the day.
 - 2.3.2 Application of these penalties shall not result in a board being scored worse than DSQ
 - 2.3.3 If no race is completed on the day of the infringement the penalty will be applied to the most recent completed race in the series or, if there were no races previously completed to the next completed race in the series.

3. [DP] [NP] CAMERAS AND ELECTRONIC EQUIPMENT

- 3.1 Competitors may be required to carry on their boards/rigs cameras as specified by the organiser.

4. NOTICES TO COMPETITORS

- 4.1 Notices to competitors will be posted on the official notice board located on the window panes at the entrance to the race office. In addition, notices to the competitors may be posted at the event web-site: <https://www.foilworlds2019.formulawindsurfing.org>

5. CHANGES TO SAILING INSTRUCTIONS

- 5.1 Any change to the sailing instructions will be posted on the official notice board at least 60 minutes before the scheduled start of the first race affected, except that any changes affecting the first possible start of the next day's racing shall be posted not later than 120 minutes after the end of the last race on the day before.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the official flag pole located in front of the camping area.
- 6.2 When a signal is displayed over a Group flag it applies to that Group only. **This changes WCR Race Signals.**
- 6.3 When the **AP Flag** is displayed, '1 minute' is replaced with 'not less than 20 minutes'. **This changes WCR Race Signals.**
- 6.4 When the **D Flag** is displayed the safety system (SI 18.3) is in force.

7. EVENT SCHEDULE and RACE FORMAT

- 7.1 A "daily intended race schedule" shall be published on the official notice board.
- 7.2 There will be a daily skippers meeting one hour before the first possible warning signal.
- 7.3 There shall be a maximum of 5 races on any day, in a maximum championship series of 30 races
- 7.4 Group racing applies see Appendix A
- 7.5 Three (3) races may be sailed 'back to back'.
- 7.6 To alert boards that a race or sequence of races will shortly begin, an orange flag may be displayed (with one sound) at least 5 minutes before a warning signal. No sound will be made when the orange flag is lowered.
- 7.7 The warning signal for the last race shall not be after 17.00hrs. on 6th July.

8. CLASS FLAG

- 8.1 The Group flags & ribbons shall be:

Group	Flag	Ribbon
Yellow-Gold	White with FWC logo	No ribbon
Blue-Silver	Blue with FWC logo	Blue ribbon

- 8.2 **[SP] [NP]** The ribbons provided by the Race Committee shall be fixed at the top of the mast, leech of the sail or the back of the boom according to the group in which the board is sailing.
- 8.3 Penalties:
- 8.3.1 Failure to comply with SI 8.2 will result in a 2 points penalty without a hearing for the first race sailed on the day.
- 8.3.2 Application of these penalties shall not result in a board being scored worse than DSQ
- 8.3.3 If no race is completed on the day of the infringement the penalty will be applied to the most recent completed race in the series or, if there were no races previously completed to the next completed race in the series.

9. RACING AREA

- 9.1 The racing area is defined as an area extending 50m beyond the course, including the starting line, the finishing line and their extensions, in which a board would normally sail while racing.
- 9.2 **[DP]** Boards not racing shall avoid the racing area. **This changes WCR 24.1**

10. COURSES

- 10.1 The course or courses to be used will be published on the ONB before the daily skippers meeting. The diagrams will show the approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 10.2 If more than one course option is prescribed for the days racing, no later than one minute before the warning signal the race committee signal vessel shall display the course to be sailed on a white board.

11. MARKS

- 11.1 The starting *marks*, finishing *marks* and *marks* of the course will be as described on the course illustration.

12. THE START

- 12.1 Races will be started using [WCR26 – System 2](#).
- 12.2 The starting line will be between staffs displaying an orange flag on the starting marks.
- 12.3 Boards shall start on starboard.
- 12.4 A board starting later than 3 minutes after her starting signal will be scored Did Not Start. **This changes WCR A4 and A5**
- 12.5 When an individual recall has been signaled, or a board breaks rule 30.4, the race committee will display the sail number(s) on a white board on the back of the race committee signal vessel before the first board has finished that race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes WCR 62.1(a)**.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14. THE FINISH

- 14.1 The finishing line will be between staff displaying a blue flag on a race committee vessel and the orange flag displayed on a mark.

15. TIME LIMITS, TARGET TIMES & REST PERIOD

- 15.1 The time limits and target times are as follows:

Time limit	24 minutes
Target time	12 minutes
Mark 1 time limit	5 minutes
- 15.2 If no board has passed mark 1 within the Mark 1 time limit, the race will be abandoned.
- 15.3 A board failing to finish within 12 minutes after the first board in her group sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. **This changes WCR's 35, A4 and A5.**
- 15.4 Rest Periods-Back to Back races. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that class will be 10 minutes.
- 15.5 Rest Periods-Ashore. After a series of back to back races there shall be a rest period of a minimum of 45 minutes ashore for the last finisher in the last race of that group.

16. PROTESTS & REQUESTS FOR REDRESS

- 16.1 Protest forms are available at race office. Protests and requests for redress shall be delivered there within the appropriate time limit.
- 16.2 **[DP] [NP]** Boards retiring from racing after finishing shall complete a retirement declaration form at the race office before the end of protest time limit.
- 16.3 **[DP] [NP]** Boards taking a voluntary penalty shall complete the penalty acknowledgement form at the race office before the end of protest time limit.
- 16.4 The protest time limit is **60 minutes** after the last board has finished the last race of the day or the race committee signals 'no more racing today'.
- 16.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located near the race office.
- 16.6 Breaches of WCR 77 and rules in the sailing instructions marked **[NP]** will not be grounds for a protest by a board. **This changes WCR 60.1(a)**. Penalties for breaches marked **[DP]** are at the discretion of the protest committee and may be less than disqualification if they so decide.
- 16.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. **This changes WCR 62. 2.**

17. SCORING

- 17.1 Scoring will be according to the WCR Appendix A, as amended in 17.2 for discards. The Qualifying Series and Final Series are separate series for the purposes of scoring and discards.
- 17.2 There shall be a maximum of six discards in the Championship, with a maximum of three discards in the Qualifying Series and a maximum of three discards in the Final Series.

Discards in each series shall be as follows:

No. of races in a series	1 to 3	4 to 6	7 to 10	11 to 15
No. of worst scores to be excluded	0	1	2	3

- 17.3 To request correction of an alleged error in the posted results, a board shall complete a scoring enquiry form available at the race office.
- 17.4 For the purpose of scoring the number of boats entered in a Qualifying series race will be the number of boats assigned to the largest qualifying fleet.

18. SAFETY REGULATIONS

- 18.1 **[DP] [NP]** A board that retires from a race shall, if reasonably possible, notify the race committee before leaving the course area and shall report to the race office upon arriving ashore.
- 18.2 **[DP] [NP]** Competitors not going afloat for all or part of the day's racing shall inform the race office, prior to the first start affected.
- 18.3 **Safety System.** If prescribed shall be published on the official notice board.
- 18.4 **[DP] [NP]** Competitors shall at all times whilst afloat wear an impact vest or a personal flotation device that shall conform to the minimum standard ISO 12402-5 (level 50) and a suitable protective helmet.

19 EQUIPMENT REGISTRATION and REPLACEMENT OF EQUIPMENT

- 19.1 Competitors are required to submit to the race office a completed equipment registration form by the close of event registration.
- 19.2 **[DP]** Substitution of damaged or lost equipment will not be allowed unless approved by the race or technical committee. Requests for substitution shall be made in writing to the race office at the first reasonable opportunity on the form provided.

20 OFFICIAL BOATS

- 20.1 **[NP]** Race committee boats display a white flag with black RC
Rescue boats shall display a white flag

21 SUPPORT BOATS

- 21.1 All support boats shall conspicuously display their national flag.
- 21.2 Support boats must be outside each course area at all times that boards are racing in that area, except to assist a crew in distress or at the specific request of the race committee.

22 TRASH DISPOSAL

- 22.1 **[NP]** Boards shall not intentionally put trash in the water.

23. PRIZES

- 23.1 Prizes will be awarded according to the NOR.
- 23.2 All competitors and coaches are required to attend the opening and closing ceremonies. Prize winners not attending may forfeit their prize.

Appendix A

- A.1. The regatta will consist of a Qualifying Series and a Final series.
- A.2. The Qualifying Series shall be a maximum of 15 races and a minimum of 10 races. If fewer than 10 races have been completed by the groups at the end of the 3rd day, the Qualifying Series shall be extended to the following days if necessary. If between 10 to 15 races have been completed at the end of the 3rd day the racing shall continue into the Final Series.
- A.3. For the first day competitors shall be assigned to groups Yellow or Blue according to a seeding list defined as the competitors list in National letter and sail number order. In the case of an odd number of competitors, the last competitor to be assigned will race in Yellow group. Groups in the Qualifying Series shall be reassigned at the end of each day if all groups have completed an equal number of races. They shall be intermixed according to their current (overall) standing.
- A.4. If both groups have not completed the same number of races by the end of a day, the groups with fewer races will continue racing the following day until all groups have completed the same number of races. All boards will thereafter race in the new groups.
- A.5. At the end of the Qualifying Series an overall standing shall be established. If racing in the Final Series is not possible this standing shall count as the official result.
- A.6. If at the end of the Qualifying Series one group has more race scores than the other, any extra races will be abandoned so that all boards in the Qualifying Series have the same number of race scores.
- A.7. The Final Series shall be raced in Gold and Silver Groups. The Gold group shall consist of the top half of the competitors in the overall standing at the end of the Qualifying Series, plus one in case of an odd number of entries. In case of ties at the breakpoint those competitors so tied shall sail in the Gold group
- A.8. A competitors overall group standing shall be based on the sum of his/her Qualifying Series and Final Series scores. The scores for each series shall be calculated as in S117. Silver group competitors shall be ranked in the overall standing after those in the Gold group.

APPENDIX B - ARBITRATION

B1. POST-RACE PENALTY

- B1.1. A board that may have broken a rule of Part 2 while racing and has not taken a turns penalty on the water or retired, may take a Post-Race Penalty after she has finished and before the start of a protest hearing involving the incident.
- B1.2. The race score for a board that takes a Post-Race Penalty shall be the score she would have received without that penalty made worse by 30% of the score for DNF, rounded to the nearest whole number (0.5 rounded upwards), but not more than half of the difference between the board's score before applying the penalty and the score for DNF. However, if the board caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.
- B1.3. Any board that accepts a Post-Race Penalty shall not be penalized further in a protest hearing for the same incident unless the Protest Committee concludes that the board caused injury or serious damage, gained a significant advantage in the race or series, or broke a rule other than a rule of Part

B2. ARBITRATION

- B2.1. Rule WCR 63.1 is changed to add: "The Protest Committee may appoint an arbitrator to review a protest, who may allow the protest to be withdrawn."
- B2.2. Rule WCR64.2 is changed to add: "When, during arbitration, a board found to be at fault has taken an appropriate penalty on the water or has accepted a Post-Race Penalty, an arbitrator may offer redress to a board not at fault if rule WCR62.1((b) applies. If a board accepts redress, her score shall not be changed in a later hearing for the same incident unless the Protest Committee concludes that she was at fault in the incident."
- B2.3. An arbitration meeting will be held before the protest hearing for each protest involving a rule of Part 2, provided that:
 - B2.3.1. the arbitrator decides that the protest is appropriate for arbitration,
 - B2.3.2. the parties to the protest are present,
 - B2.3.3. the parties agree that the protest is valid, and
 - B2.3.4. the parties agree to proceed with arbitration.
- B2.4. The arbitrator will listen to testimony from the parties. No witnesses will be permitted.
- B2.5. The arbitrator will then give one of the following opinions:
 - B2.5.1. The protest is invalid. The arbitrator will offer the protestor the option to withdraw the protest.
 - B2.5.2. No board broke a rule. The arbitrator will offer the protestor the option to withdraw the protest.
 - B2.5.3. One or more boards broke a rule of Part 2. The arbitrator will offer each of those boards the option to accept a Post-Race Penalty, or to retire.
If a board accepts a penalty the arbitrator will, if appropriate, offer redress to boards not at fault. A board may refuse to accept the penalty or redress she is offered, or refuse a decision not to offer redress. The protest may not then be withdrawn without the permission of the Protest Committee. If all offers of a penalty or redress are accepted, the arbitrator will give the protestor an opinion about whether the Protest Committee would be likely to assign any additional penalties. The arbitrator will offer the protestor the option to withdraw the protest.
 - B2.5.4. If a protest hearing by the Protest Committee is required, the protest may not be withdrawn without the permission of the Protest Committee.
- B2.6. If the protest is not withdrawn, the Protest Committee will schedule a protest hearing. The arbitrator may be a member of the panel that hears the protest.

- B2.7. A board that agreed to arbitration and has not refused an offer of a Post-Race penalty shall not be penalized more than the Post-Race Penalty unless the Protest Committee concludes that the board caused injury or serious damage, gained a significant advantage in the race or series, or broke a rule other than a rule of Part 2.
- B2.8. If the protest is withdrawn, no protest hearing will be held. Arbitration cannot be the subject of a request for redress or appeal.