



Portimão

Câmara Municipal

SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee and may be less than disqualification.

*[NP] denotes that a breach of this rule will not be grounds for a protest by a board. **This changes WCR 60.1.***

*[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing. **This changes WCR A5.***

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing (**RRS**) – [Windsurfing Edition](#) (**WCR**).
- 1.2. If there is a conflict between these Sailing Instructions and any other document governing the event, the Sailing Instructions will take precedence. **This changes WCR 63.7.**
- 1.3. The arbitration system as described in SI Appendix B will apply.
- 1.4. If there is a conflict between languages, the English text will take precedence.
- 1.5. All changes to the Sailing Instructions shall be approved by the Class Representative.

2. [SP] [NP] ADDITIONAL IDENTIFICATION AND ADVERTISING

- 2.1. Event lycras may be provided by the organiser and shall be worn outside any other clothing or equipment at all times when afloat and during media interviews ashore.
- 2.2. Event lycras shall not be cut, trimmed, defaced, or altered in any way.
- 2.3. Penalties:
 - 2.3.1. Failure to comply with SI 2.1 and 2.2 will result in a 2 points penalty without a hearing for the first race sailed on the day.
 - 2.3.2. Application of these penalties shall not result in a board being scored worse than DSQ
 - 2.3.3. If no race is completed on the day of the infringement the penalty will be applied to the most recent completed race in the series or, if there were no races previously completed to the next completed race in the series.

3. CAMERAS AND ELECTRONIC EQUIPMENT

- 3.1. **[DP] [NP]** Competitors may be required to carry on their boards/rigs cameras as specified by the organiser.

4. NOTICES TO COMPETITORS

- 4.1. Notices to the competitors will be posted on the Official Notice Board located at the Race Office at the beach. In addition, notices to the competitors may be posted at the event website: <https://worlds2019.plus.techno293.org>

5. CHANGES TO SAILING INSTRUCTIONS

- 5.1. Any change to the Sailing Instructions will be posted not less than 90 minutes before the scheduled warning signal of the race in which it takes effect, except that any change to the schedule of the next day's racing will be posted not later than 120 minutes after the end of the last race of the day.

6. SIGNALS MADE ASHORE

- 6.1. Signals made ashore will be displayed at the Official Flag Pole located in front of the race office.
- 6.2. When **Flag S** is displayed ashore slalom racing is the chosen format for the next race.
- 6.3. **[DP] [NP]** Class flag displayed ashore with one sound means: 'the warning signal will be made not less than 30 minutes after that flag is displayed.'

7. SCHEDULE OF RACES

- 7.1. The daily race schedule and the scheduled time of the Warning signal for the first race will be posted on the Official Notice board.
- 7.2. There shall be a maximum 4 races per day, and a maximum of 15 races in the championship.
- 7.3. To alert boards that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal for at least five minutes before a warning signal is displayed.
- 7.4. Three (3) races may be sailed "back to back".
- 7.5. A *marathon* (long distance) race may be scheduled and shall count as one race in the championship series. Details shall be published on the Official Notice Board.
- 7.6. A slalom elimination, or more than one slalom elimination, may be scheduled in the championship series as described in SI Appendix C.
- 7.7. On the last day of the regatta no warning signal will be made after 16:00 hrs unless after a postponement during a starting sequence or a general recall.

8. FORMAT OF RACING

- 8.1. The regatta will consist of a single series and may include marathon and slalom.
- 8.2. Men and Women shall start separately.
- 8.3. Youth Men shall race together with Open Men; Youth Women shall race together with Open Women.

9. CLASS FLAGS

- 9.1. The Class flags shall be: **Men – Yellow Techno Class Flag**
Women – Green Techno Class flag

10. RACING AREAS

- 10.1. The racing area is an area extending 75 metres beyond the course including the starting line, the finishing line and their extensions, in which a board normally sails while racing.
- 10.2. **[DP]** Boards not racing shall avoid the racing area.

11. COURSES

- 11.1. The diagrams in SI's Appendix A shows the courses, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 11.2. The course to be sailed will be displayed on a white board, with course code in black letters, on the starting (signal) boat no later than 1 minute before the warning signal. **This changes WCR 27.1**
- 11.3. If a *marathon* race is scheduled the details of the course, including a description of the marks, shall be published on the Official Notice Board

12. MARKS

- 12.1. The starting marks will be a Race Committee Signal Boat at the starboard end of the start line and a Race Committee Pin-end Boat or a laid mark.
- 12.2. The finishing marks will be a Race Committee Boat and a laid mark.

12.3. The colour and shape of inflatable marks and laid marks are as follows:

Mark	Colour and shape
Course Marks 1, 2, 3, 4, 5	YELLOW PYRAMIDAL
Change Marks	ORANGE PYRAMIDAL
Laid marks	ORANGE SPHERICAL

13. THE START

- 13.1. Course races will be started according to WCR 26 (B3.26.1) System 1.
Slalom races will be started as described in SI Appendix D
- 13.2. For course races, the starting line will be between the staffs displaying orange flags on the starting marks.
- 13.3. A board starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. **This changes WCR A4 and A5.**
- 13.4. [DP] When a starting sequence is in progress, boards whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 75 meters from the starting line and marks in all directions.
- 13.5. If flag I has been displayed, and any part of a board's hull, crew or equipment is in the triangle formed by the ends of the starting line and the first *mark* during the last minute before her starting signal, she shall thereafter sail from the course side across an extension to the pre-start side before *starting*. **This changes WCR 30.1.**
- 13.6. When an Individual Recall has been signalled or a board breaks rule 30.4, the Race Committee will display her sail number on the Race Committee Signal Boat before the first competitor has finished the race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes WCR 62.1(a).**

14. CHANGE OF THE NEXT LEG OF THE COURSE

- 14.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

15. THE FINISH

- 15.1. The finishing line will be between the staff displaying a blue flag on the RC finishing vessel and the course side of the laid mark at the other end of the finish line.

16. TIME LIMITS AND TARGET TIMES

16.1. Time limits and target times are in minutes for divisions and as follows:

	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
M COURSE RACE	40	12	20	20
S COURSE RACE	30	10	15	15
SLALOM	8		2	4

- 16.2. If no board has passed Mark 1 within the Mark 1 time limit the race committee will abandon the race.
- 16.3. The "Finish Window" determines the number of minutes allowed for competitors to finish after the first competitor finishes. Boards failing to finish within the time stated in Finish Window shall be scored DNF except those who are scored DSQ, BFD, OCS, UFD, RET, RDG or DNE. **This changes WCR 35, A4 and A5.**

17. PROTEST AND REQUESTS FOR REDRESS

- 17.1. Protest forms are available at the jury desk located at the Race Office.
- 17.2. Protests and requests for redress or reopening shall be delivered at the jury desk within the appropriate time limit.
- 17.3. Special attention shall be given to WCR 61.1 (a) "...She shall inform the Race Committee of her intention to protest as soon as practicable after she *finishes* or *retires*"

- 17.4. **[DP] [NP]** Boards retiring from races shall complete a Retirement Declaration Form at the jury desk before the protest time limit.
- 17.5. **[DP] [NP]** Boards taking a voluntary penalty shall complete the Penalty Acknowledgment Form at the jury desk before the end of the protest time limit.
- 17.6. For each class the protest Time Limit is 60 minutes after the last board of her class has finished the last race of the day or the Race Committee signals "AP over A" whichever is later.
- 17.7. Hearing schedules to inform competitors of hearings in which they are parties or named as a witness, will be posted on the Jury Notice Board as soon as protests are received at the jury desk. Hearing schedules are provisional until clearly marked as FINAL after approximately 10 minutes counted from the end of each group's Protest Time Limit. Arbitration hearings and protest hearings will start as soon as practical after being posted. A Protest Committee member will attempt to call the parties to a hearing by loudspeaker, however failure to do so, or sailor's failure to hear the announcement are not grounds for redress. **This changes WCR 62.1 (a).**
- 17.8. Arbitrations and Protests may be heard in any order at the Protest Committees discretion. Hearings will be held in the protest room or in the area designated for arbitration hearings.
- 17.9. Notices of protest by the Race Committee or Protest Committee will be posted to inform boards under rule 61.1(b).
- 17.10. Breaches of WCR 77 and rules in the Sailing Instructions marked **[NP]** will not be grounds for a protest by a board. **This changes WCR 60.1(a).** Penalties for breaches marked **[DP]** are at the discretion of the Protest Committee and may be less than disqualification if the Protest Committee so decides.
- 17.11. On the last scheduled day of a competitor's Series a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. **This changes WCR 62.2.**
- 17.12. On the last scheduled day of a competitor's Series a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day, or no later than 30 minutes after the requesting party was informed of the decision on that day. **This changes WCR 66.**
- 17.13. The Protest Committee Notice Board will be located at Race Office on the beach.
- 17.14. Protest Time Limits, Hearing Schedules and Hearing Decisions will be posted on the Official Notice Board. It is intended that these notices will also be posted on the notice board of the event website; failure to do so will not be grounds for redress, **this changes WCR 60.1(a).**

18. SCORING

- 18.1. Scoring will be according to WCR appendix A as amended by **Championship Rule 13.5** for discards: there will be one discard after 4 races have been completed, and a second discard after 11 races have been completed.
- 18.2. Three races are required to validate the event for each class.
- 18.3. An Overall Ranking will be published for Men and Women.
- 18.4. To request correction of an alleged error in the posted results, a board shall complete a Scoring Review Form available at the Jury Desk. The Scoring Review Form shall be delivered not later than 19:00 on the day the disputed results are posted on the official notice board except if the results list is posted after 18:30 in which case the form shall be delivered not later than 09:00 on the following day.

19. [SP] [NP] SAFETY REGULATIONS

- 19.1. The Safety System applies at all times during the regatta.
- 19.2. Competitors retiring before finishing shall inform the Race committee (RC boats or Rescue boats) as soon as possible. If this is not possible the competitor shall inform the race office.

20. [DP] REPLACEMENT OF EQUIPMENT

- 20.1. Substitution of damaged or lost equipment will not be allowed unless authorized by the Equipment Inspector. Request for substitution shall be made in writing at the first reasonable opportunity. Forms for substitution are available at the race office.

21. [DP] EQUIPMENT CHANGES AND MEASUREMENT CHECKS

- 21.1. A board or equipment may be inspected at any time for compliance with the class Rules and Sailing Instructions.

22. OFFICIAL BOATS

- 22.1. Official boats will be marked as follows:

Boat	Flag
Jury	YELLOW WITH J BLACK
Race Committee	CLUB FLAG
Rescue	WHITE
Media	WHITE

23. [DP] [NP] SUPPORT BOATS

- 23.1. Team coach and support boats **may** display the national flag of their country or the national 3 letter code in black (min height 120 mm) on a white background.
- 23.2. **All** coach and support boat personnel **shall** be registered with the organiser; and **shall** have completed the form and submitted the registration fee.
- 23.3. Coach and support boats shall stay outside the racing area from the time of the preparatory signal for the first fleet to start until all boards have finished or retired or the race committee signals a postponement or abandonment except to assist a crew in distress or at the request of the Race Committee.
- 23.4. Coach and Support boats shall comply with any reasonable request from a race official.
- 23.5. When **Flag R** is displayed on the Race Committee Signal Boat with repetitive sound signals all coaches and other support boats shall monitor **VHF channel 74** or go to the Race Committee Signal Boat to assist in Search and Rescue operations.
- 23.6. A personal flotation device shall be worn by all coach and support boat personnel at all time while afloat.
- 23.7. **Coach and Support boat drivers shall use the kill cord in the recommended manner.**
- 23.8. All coach and support boats shall carry a tow rope (minimum 15 metres long and 8 mm thick)
- 23.9. An alleged breach of any of the regulations in SI #23 may be referred to the Jury who may call a hearing under WCR 60.3(d).

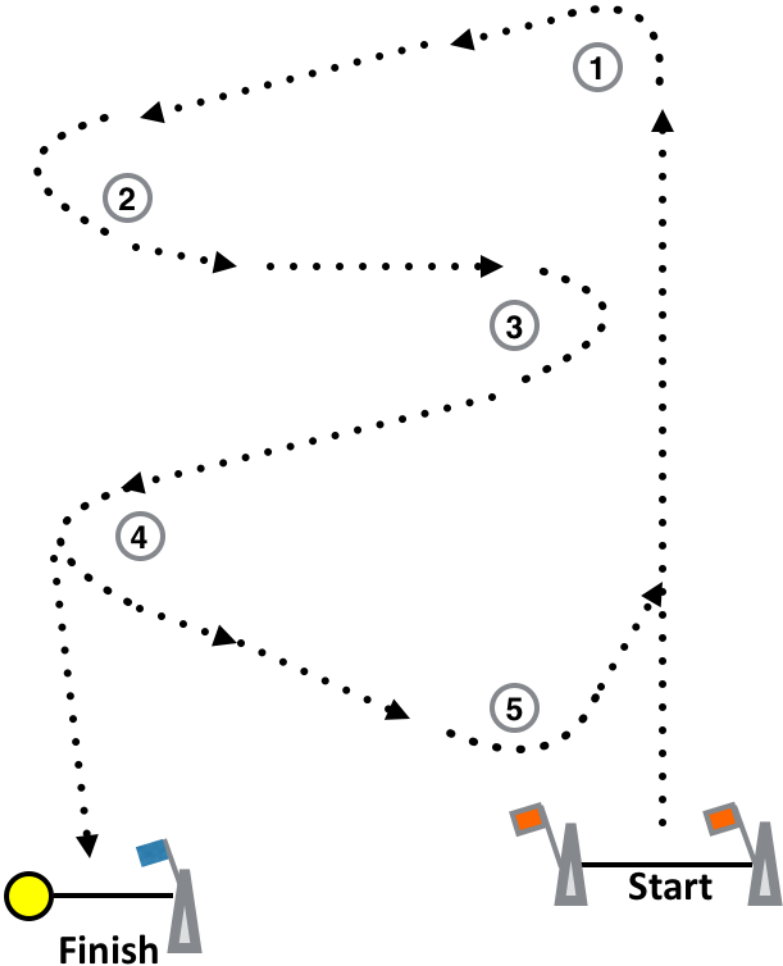
24. [DP] [NP] TRASH DISPOSAL

- 24.1. As sailors, we seek to protect and restore our oceans and coastal waters. Boards shall not intentionally put trash in the water. Trash may be placed aboard coach, support and race committee boats. **This changes WCR 55.**

25. PRIZES

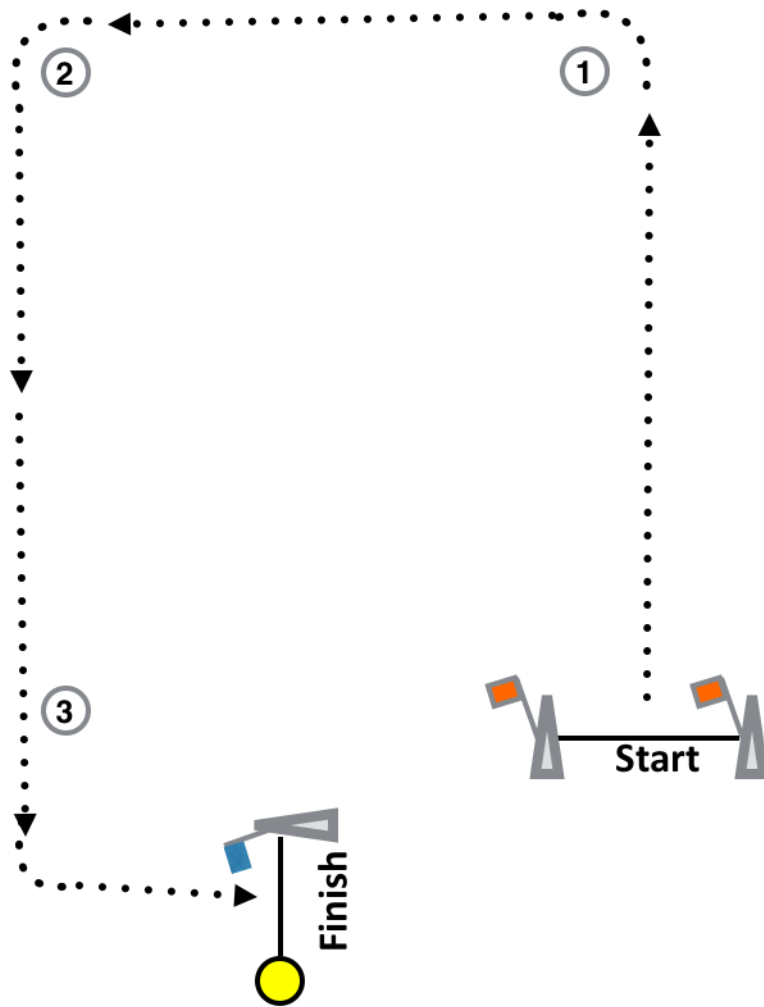
- 25.1. Prizes will be given according the Notice of Race.

M



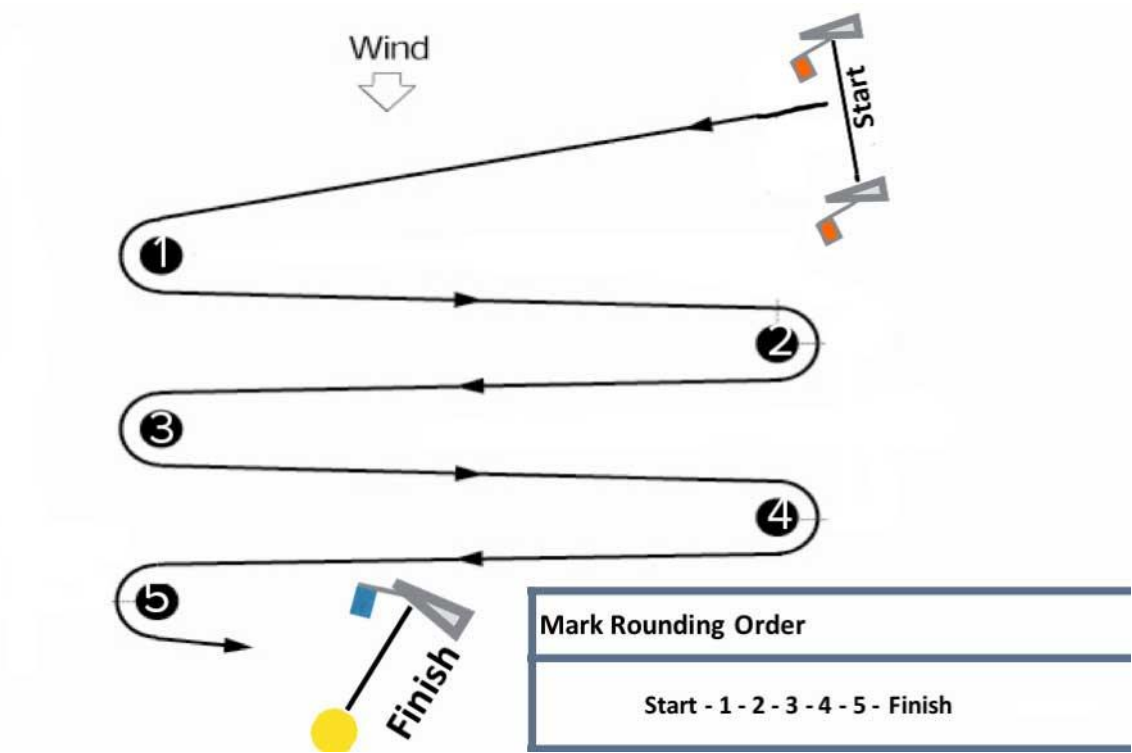
Signal	Mark Rounding Order
M	Start - 1 - 2 - 3 - 4 - 5 - 1 - 2 - 3 - 4 - Finish

S



Signal	Mark Rounding Order
S	Start - 1 - 2 - 3 - Finish

SLALOM



APPENDIX B- ARBITRATION

1. POST-RACE PENALTY

- 1.1. A board that may have broken a rule of Part 2 while racing and has not taken a turns penalty on the water or retired, may take a Post-Race Penalty after she has finished and before the start of a protest hearing involving the incident.
- 1.2. The race score for a board that takes a Post-Race Penalty shall be the score she would have received without that penalty made worse by 30% of the score for DNF, rounded to the nearest whole number (0.5 rounded upwards), but not more than half of the difference between the board's score before applying the penalty and the score for DNF. However, if the board caused injury or serious damage or gained a significant advantage in the race or series by her breach, her penalty shall be to retire.
- 1.3. Any board that accepts a Post-Race Penalty shall not be penalized further in a protest hearing for the same incident unless the International Jury concludes that the board caused injury or serious damage, gained a significant advantage in the race or series, or broke a rule other than a rule of Part

2. ARBITRATION

- 2.1. Rule WCR 63.1 is changed to add: "The International Jury may appoint an arbitrator to review a protest, who may allow the protest to be withdrawn."
- 2.2. Rule WCR64.2 is changed to add: "When, during arbitration, a board found to be at fault has taken an appropriate penalty on the water or has accepted a Post-Race Penalty, an arbitrator may offer redress to a board not at fault if rule WCR62.1 ((b) applies. If a board accepts redress, her score shall not be changed in a later hearing for the same incident unless the International Jury concludes that she was at fault in the incident."
- 2.3. An arbitration meeting will be held before the protest hearing for each protest involving a rule of Part 2, provided that:
 - 2.3.1. the arbitrator decides that the protest is appropriate for arbitration,
 - 2.3.2. the parties to the protest are present,
 - 2.3.3. the parties agree
 - 2.3.4. the parties agree to proceed with arbitration.
- 2.4. The arbitrator will listen to testimony from the parties. No witnesses will be permitted.
- 2.5. The arbitrator will then give one of the following opinions:
 - 2.5.1. The protest is invalid. The arbitrator will offer the protestor the option to withdraw the protest.
 - 2.5.2. No board broke a rule. The arbitrator will offer the protestor the option to withdraw the protest.
 - 2.5.3. One or more boards broke a rule of Part 2. The arbitrator will offer each of those boards the option to accept a Post-Race Penalty, or to retire.

If a board accepts a penalty the arbitrator will, if appropriate, offer redress to boards not at fault. A board may refuse to accept the penalty or redress she is offered, or refuse a decision not to offer redress. The protest may not then be withdrawn without the permission of the International Jury. If all offers of a penalty or redress are accepted, the arbitrator will give the protestor an opinion about whether the International Jury would be likely to assign any additional penalties. The arbitrator will offer the protestor the option to withdraw the protest.
 - 2.5.4. If a protest hearing by the International Jury is required, the protest may not be withdrawn without the permission of the International Jury.
- 2.6. If the protest is not withdrawn, the International Jury will schedule a protest hearing. The arbitrator may be a member of the panel that hears the protest.
- 2.7. A board that agreed to arbitration and has not refused an offer of a Post-Race penalty shall not be penalized more than the Post-Race Penalty unless the International Jury concludes that the board caused injury or serious damage, gained a significant advantage in the race or series, or broke a rule other than a rule of Part 2.
- 2.8. If the protest is withdrawn, no protest hearing will be held. Arbitration cannot be the subject of a request for redress or appeal.

APPENDIX C – SLALOM

1. RULES

The racing will be governed by the rules as defined in the Racing Rules of Sailing – Windsurfing Competition Rules, as changed by Appendix B.10.

2. CHANGES TO SAILING INSTRUCTIONS

If oral instructions or changes to the sailing instructions will be given flag “L” shall be shown at least 5 minutes before the instructions or changes. Sufficient effort has to be made to inform all the competitors involved.

3. THE START

3.1 Races will be started using RRS/WCR B3.26.2.

3.2 A board starting later than 2 minutes after her starting signal will be scored Did Not Start. This changes WCR A4 and A5.

4. PROTESTS & REQUESTS FOR REDRESS

WCR B10.63 will apply.

5. SCORING

5.1 One completed round of slalom will be scored as one race.

5.2 WCR B10.A2.1 will not apply. WCR B10.A4 and B10.A4.3 will apply

5.3 Finals

5.3.1 From each elimination heat only the top four sailors will Advance to Final A. All other sailors will sail in Final B. This alters WCR B10.37.2

5.3.2 The finals A and B consist of one race each.

6. SEEDING

Heats for the first round will be based on the ranking available at 2100 on the day before the slalom racing is scheduled.