

Competition Manual

COVID 19

2020 AZORES FORMULA FOIL EUROPEAN CHAMPIONSHIPS

1. Introduction

According to the guidance of the Directorate-General for Health No. 036/2020 of 25 August, sailing is considered a low risk modality. However, this document, which constitutes the Competition Manual, aims at specifying prevention, protection and control measures adopted for the 2020 AZORES FORMULA FOIL EUROPEAN CHAMPIONSHIPS- which will take place in Praia da Vitória from 9 to 14 November 2020. The guidelines presented here, prepared by the Portuguese Sailing Federation and by the Clube Naval da Praia da Vitória, intend to operationalize, in accordance with the specificities of our modality and the Event in question, the rules approved by the Resolution of the Council of Ministers nº53-A / 2020 , of July 14, 2020, and respect the DGS Guidelines nº30 / 2020, of June 12th and nº36 / 2020 of August 25th, in order to ensure the security measures necessary to minimize the risks of transmission by SARS- CoV-2.

The document now presented, may undergo changes up to 72 hours prior to the first race, depending on the assessment of the situation made by the Organizing Authority and the updating of measures that may be decreed by the Government and DGS.

2. Preventive measures Because individual responsibility is the most effective safety factor, any participant who has symptoms of COVID-19, including fever, cough or possible breathing difficulties, should not appear at the event or go to the Health Services. Health, but call SNS24 - 808 24 24 24 and follow the instructions given to you. At the event, any participant who presents symptoms of COVID-19 will be subject to the procedures defined in the Contingency Plan of the Clube Naval da Praia da Vitória.

3. Event Risk In accordance with the statement of the FPV of 1 July, namely Point 13.1 of Part II, the risk assessment of sailing competitions follows the following parameters:

4. Eligibility

Eligible athletes, registered coaches and team leaders, as well as Referees and Staff members, can participate in the Event and have access to the venue.

5. On land

a) All participants in the Race, that is, athletes, coaches, team leaders, referees and the staff registered in the Race, must wear a mask whenever they are in closed areas of the Race venue;

b) Measurement of temperature will be carried out to the participants in the access to the area of the competition area, with infrared equipment;

c) Registration confirmation will only be done by the coach or team leader, representing the athletes of your Club: a. Upon confirmation of registration, a general list of athletes and coaches will be created; b. Upon confirmation of registration, information on the place of accommodation of the participants will be requested;

d) Participants must maintain a physical distance of 1.5 meters;

e) There will be designated places on land to park the participants' boards;

f) The boards must be 3 meters apart;

g) Boards may only be removed or moved after the Delta Flag has been lifted or with the authorization of the Organizing Authority;

h) The trip to the sea after hoisting the Delta flag, will be phased and in groups, not exceeding 20 boats;

i) Arrival on land will be phased and access to the ramp must take place in strict compliance with the guidelines of the staff members at sea;

j) Circulation circuits will be defined at the Marina;

k) Handling of hoses for the purpose of washing boats, may only be carried out by staff members;

l) The Official Notice Board will preferably be in Online format;

m) The spaces for common use will be subject to disinfection, before the athletes arrive and after they leave for the sea;

n) The changing rooms will remain closed during the race, with access only to the bath houses;

o) The face-to-face meetings of coaches / team leaders will be avoided, but in case of need, these will be held preferably in the outer space, with social withdrawal and should not have more than 20 participants;

p) In the Jury hearings, the use of a mask is mandatory;

q) There will be dispensers of alcohol-based antiseptic solution (SABA) or alcohol-based solution, placed with the Race Secretariat, bathroom entrances and exits and Official Notice Board, if any;

r) Before and after the competition, avoid socializing at all.

6. At sea

a) Except in an emergency, athletes should avoid physical contact with coaches' boats and the sharing of materials and equipment.

7. Coaches

a) In each coach boat / support boat, no more than 3 people can be registered;

b) Support for athletes at sea, before, after and in the interval between races, is exception to the previous point;

c) If more than one person is on the coach's boat, the use of a mask is mandatory;

- d) Preferably, the coach should not include more than 8 athletes;
- e) When giving instruction on land or at sea, the trainer must wear a protective mask;
- f) Coaches may tow athletes' boats.

8. Referees

- a) Judge boats will not have more than 3 people on board;
- b) There will be no sharing of equipment and material between the Judges;
- c) In the boats of the Race Committee (CR), only the elements essential for the execution of the tasks may be on board and there should be no sharing of equipment;
- d) The hearings of the protests will preferably take place in the open air and if the Protest Committee deems appropriate, using arbitration (in accordance with Appendix T of the RRV).

9. Ceremonies

There will be no social events, including opening and closing ceremonies. However, Prizes will be awarded at a restricted ceremony, in accordance with DGS guidelines that are currently in force. The prizes will be delivered individually to each winner.

10. Final note It should be noted that the greatest security measure is based on the responsible behavior of each of the participants in this event. It is important for each one to ensure strict compliance with all the measures presented here, as well as the DGS guidelines, either individually or in groups, inside and outside the Club and avoiding risky behavior.