

SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a board. **This changes WCR 60.1.**

[SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing. **This Changes WCR A5.**

1. RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing – [Windsurfing Competition Rules \(WCR\)](#).

1.2 If there is conflict between these sailing instructions and any other document governing the event, the sailing instructions will take precedence. **This changes WCR 63.7.**

1.3 If there is a conflict between languages, the English text will take precedence.

1.4 All changes to the sailing Instructions shall be approved by the class representative.

1.5 [DP] [NP] Event lycras if provided shall be worn outside any other clothing or equipment at all times when afloat and during media interviews ashore.

1.6 [DP] [NP] Event lycras and event stickers shall not be cut, trimmed or altered in any way.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located in sportive area – Praia da Rocha (Race Office)

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board at least 60 minutes before the scheduled start of the first race affected, except that any changes affecting the first possible start of the next day's racing shall be posted not later than 120 minutes after the end of the last race on the day before.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at the official flag pole located in sportive area – Praia da Rocha (Race Office).

4.2 When a signal is displayed over a Class flag it applies to that Class only.

4.3 When the **AP Flag** is displayed, '1 minute' is replaced with 'not less than 30 minutes'. **This changes WCR Race Signals.**

4.4 When the **D Flag** is displayed the safety system (SI 15.3) is in force.

5. EVENT SCHEDULE and RACE FORMAT

5.1 A "daily intended race schedule" and the scheduled time of the Warning signal of the first race shall be published on the Official Notice Board.

5.2 There will be a daily skippers meeting two hours before the first possible warning signal.

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15th to 23rd September 2018

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- 5.3 There shall be a maximum of 5 races on any day for FWWC and RMWC and a maximum of 6 races on any day for FFWC, in a maximum 15 race series. **This changes NoR 6.3.**
- 5.4 All divisions in a Class will race together.
- 5.5 Three (3) may be sailed 'back to back' for each Class.
- 5.6 To alert boards that a race or sequence of races will shortly begin, an orange flag may be displayed (with one sound) at least 5 minutes before a warning signal. No sound will be made when the orange flag is lowered.
- 5.7 The warning signal for the last race shall not be after 17.00hrs. on 20th September for FFWC & RMWC, or after 18.00hrs on 23rd September for FFWC.

6. CLASS FLAGS

- 6.1 The Class flags will be:
FORMULA (FWWC & FFWC) - yellow flag with FW logo
RACEBOARD (RMWC) – white flag with R logo

7. RACING AREA

- 7.1 The racing area is defined as an area extending 50m beyond the course, including the starting line, the finishing line and their extensions, in which a board would normally sail while racing.
- 7.2 [DP] Boards not racing shall avoid the racing area. **This changes WCR 24.1**

8. COURSES

- 8.1 The course or courses to be used will be published on the ONB before the daily skippers meeting. The diagrams will show the approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 8.2 If more than one course option is prescribed for the days racing, no later than one minute before the warning signal the race committee signal vessel shall display the course to be sailed on a white board.

9. MARKS

The starting *marks*, finishing *marks* and *marks* of the course will be as described on the course illustration.

10. THE START

- 10.1 Races will be started using WCR 26 – System 1.
- 10.2 The starting line will be between the staffs displaying an orange flag on the starting marks.
- 10.3 A board starting later than 4 minutes after her starting signal will be scored Did Not Start. **This changes WCR A4 and A5**
- 10.4 When an individual recall has been signaled, or a board breaks rule 30.4, the race committee will display the sail number(s) on a white board on the back of the race committee signal vessel before the first board has finished that race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes WCR 62.1(a).**

11. THE FINISH

The finishing line will be between staff displaying a blue flag on the race committee vessel and an spherical orange buoy.

12. TIME LIMITS, TARGET TIMES & REST PERIOD

12.1 The time limits and target times are as follows:

	RMWC	FWWC	FFWC
Time limit	45 minutes	40 minutes	24 minutes
Target time	20>25 minutes	15>20 minutes	12 minutes
Mark 1 time limit	10 minutes	8 minutes	5 minutes

12.2 If no board has passed mark 1 within the Mark 1 time limit, the race will be abandoned.

12.3 A board failing to finish within 20 minutes (FWWC/RMWC) or 12 minutes (FFWC) minutes after the first board in her class sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. **This changes WCR's 35, A4 and A5.**

12.4 Rest Periods-Back to Back races. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that class will be 10 minutes.

12.5 Rest Periods-Ashore. After a series of back to back races there shall be a rest period of a minimum of 60 minutes ashore for the last finisher in the last race of that series, before the warning signal for further races.

13. PROTESTS & REQUESTS FOR REDRESS

13.1 Protest forms are available at race office. Protests and requests for redress shall be delivered there within the appropriate time limit.

13.2 [DP] [NP] Boards retiring from racing after finishing shall complete a retirement declaration form at the race office before the end of protest time limit.

13.3 [DP] [NP] Boards taking a voluntary penalty shall complete the penalty acknowledgement form at the race office before the end of protest time limit.

13.4 The protest time limit for each Class is **45 minutes** after the last board in that Class has finished the last race of the day for that Class or the race committee signals 'no more racing today'.

13.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located near the race office.

13.6 Breaches of WCR 77 and rules in the sailing instructions marked [NP] will not be grounds for a protest by a board. **This changes WCR 60.1(a).** Penalties for breaches marked [DP] are at the discretion of the International Jury and may be less than disqualification if they so decide.

13.7 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. **This changes WCR 62. 2.**

13.8 Decisions of the International Jury will be final as provided in WCR 70.5.

14. SCORING

- 14.1 Scoring will be according to the WCR Appendix A, as amended in 14.2 for discards in the FWWC and FFWC.
- 14.2 Discards will be as follows: 1 to 3 races, 0 discard; 4 to 6 races, 1 discard; 7 to 10 races, 2 discards; 11 to 15 races, 3 discards.
- 14.3 To request correction of an alleged error in the posted results, a board shall complete a scoring enquiry form available at the race office.

15. SAFETY REGULATIONS

- 15.1 **[DP] [NP]** A board that retires from a race shall, if reasonably possible, notify the race committee before leaving the course area and shall report to the race office upon arriving ashore.
- 15.2 **[DP] [NP]** Competitors not leaving the site for the day's racing shall inform the race office, prior to the first start.
- 15.3 **Safety System.** If prescribed shall be published on the official notice board.
- 15.4 **[DP] [NP]** Competitors in the FFWC shall at all times whilst afloat wear a personal flotation device that shall conform to the minimum standard ISO 12402-5 (level 50) and a suitable protective helmet.

16. EQUIPMENT REGISTRATION and REPLACEMENT OF EQUIPMENT

- 16.1 Competitors are required to submit a completed equipment registration form by the close of event registration.
- 16.2 **[DP]** Substitution of damaged or lost equipment will not be allowed unless approved by the race or technical committee. Requests for substitution shall be made at the first reasonable opportunity, including a written request, on the form provided, submitted to the race office.

17. OFFICIAL BOATS

- [NP]** Race committee boats display a white flag with letters 'CR' in black.
Media boats shall display a **CNP FLAG**.

18. SUPPORT BOATS

- 18.1 All support boats shall conspicuously display their national flag.
- 18.2 Before the preparatory signal of any class, support craft shall have left the course areas and remain outside the area, except to assist a crew in distress or at the request of the race committee, until after the finish of the last competitor of the final class racing or the races are postponed or abandoned. Infringements will be subject to action by the race committee which may result in preventing a support boat from going afloat.

19. TRASH DISPOSAL

- [DP] [NP]** Boards shall not intentionally put trash in the water.

20. PRIZES

- Prizes will be awarded according to the NOR.
All competitors and coaches are required to attend the opening and closing ceremonies. Prize winners not attending may forfeit their prize.