

SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the Protest Committee and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a board.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing – **Windsurfing Competition Rules (WCR)**.
- 1.2. No national authority prescription will apply.
- 1.3. If there is a conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence. **This changes WCR 63.7.**
- 1.4. If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

Notices to the competitors will be posted on the Official Notice Board located near the Race Office.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the Sailing Instructions will be posted on the Official Notice Board not less than 60 minutes before the scheduled warning signal of any race on the day that it takes effect, except that any change affecting the schedule of the next day's racing will be posted not later than 60 minutes after the end of the last race of the day.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the Official Flag Pole located in front of the Race Office.
- 4.2. When a signal is displayed over a Class/Division flag it applies to that Class/Division only.
- 4.3. When the **AP Flag** is displayed '1 minute' is replaced by 'not less than 20 minutes'. **This changes WCR Race Signals.**

5. RACE SCHEDULE and FORMAT

- 5.1. The daily race schedule and the scheduled time of the Warning signal for the first race for each class will be as specified in the Notice of Race.
- 5.2. There shall be a maximum 4 races per day; with a maximum in the event of 15 races.
- 5.3. To alert boards that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal for at least five minutes before a warning signal is displayed.
- 5.4. Three (3) races may be sailed "back to back".
- 5.5. Raceboard Men and women shall race separately
- 5.6. On the last day of the regatta no warning signal will be made after 16:00.

6. FLAGS

- 6.1. The Class/Division/Group flags shall be:

Class/Division	Flag
Raceboard men	White with red letter R
Raceboard women	Yellow

7. RACING AREA

- 7.1. There shall be 1 racing area.
- 7.2. The racing area is an area extending 50 metres beyond the course including the starting line, the finishing line and their extensions, in which a board normally sails while racing.
- 7.3. **[DP]** Boards not racing shall avoid the racing area.

8. COURSES

- 8.1. The diagrams in SI's Appendix A show the courses to be sailed, including the approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.

9. MARKS

The marks will be:

Mark 1-4	1, 4s & 4p yellow conical buoys; 2, 3s & 3p white conical buoys
Starting marks	The Race Committee boat and buoy with staff displaying an orange flag
Finishing marks	The Race Committee boat and a white conical buoy

10. THE START

- 10.1. Races will be started according to WCR 26 – System 1.
- 10.2. The starting line will be between a staff displaying an orange flag on the race committee boat and the buoy.
- 10.3. A board starting later than 4 minutes after her warning signal will be scored Did Not Start (DNS) without a hearing. **This changes WCR A4 and A5.**
- 10.4. If flag I has been displayed, and any part of a boat's hull, crew or equipment is in the triangle formed by the ends of the starting line and the first *mark* during the last minute before her starting signal, she shall thereafter sail from the course side across an extension to the pre-start side before *starting*. **This changes WCR 30.1.**
- 10.5. When an Individual Recall has been signalled or a board breaks rule 30.4, the Race Committee will display her sail number on the Race Committee Signal Boat before the first competitor has finished the race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes WCR 62.1(a).**

11. THE FINISH

The finishing line will be between a staff displaying a Blue flag on the race committee boat and the buoy.

12. TIME LIMITS AND TARGET TIMES

- 12.1. The target time for the first finisher is: 25 to 30 minutes.
- 12.2. The time limit for the first board in each race to reach the first mark is 15 minutes for Raceboard.
- 12.3. The time limit for the first board to finish a race is 45 minutes.
- 12.4. If the time limits in SI's #12.2 and #12.3 are exceeded the race shall be abandoned.
- 12.5. Boards failing to finish within 20 minutes after the first finisher in their respective division or group shall be scored DNF except those who are scored DSQ, BFD, OCS, RET, RDG or DNE. **This changes WCR 35, A4 and A5.**

13. PROTEST AND REQUESTS FOR REDRESS

- 13.1. Protest forms are available in the Race Office. Protest and request for redress shall be delivered at the Race Office within the Protest time limit.
- 13.2. Special attention will be for WCR 61.1 (a) "...She shall inform the Race Committee of her intention to protest as soon as practicable after she *finishes* or retires"
- 13.3. **[DP][NP]** Boards retiring from racing, after finishing shall complete a Retirement Declaration Form at the Race Office before the protest time limit.
- 13.4. **[DP][NP]** Boards taking a voluntary penalty shall complete the Penalty Acknowledgment Form at the Race Office before the end of the protest time limit.
- 13.5. The Protest Time Limit is 60 minutes after the last board has finished the last race of the day.
- 13.6. Notices will be posted no later than 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as a witness. Hearings will be held in the protest room.
- 13.7. Notices of protest by the Race Committee will be posted on the Official Notice Board to inform boards under rule 61.1(b).
- 13.8. Breaches of WCR 77 and rules in the Sailing Instructions marked **[NP]** will not be grounds for a protest by a board. **This changes WCR 60.1(a).**
- 13.9. Penalties for breaches of Sailing Instructions marked **[DP]** are at the discretion of the protest committee and may be less than disqualification if they so decide.

- 13.10. On the last day of the regatta a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted.
This changes WCR 62.2

14. SCORING

- 14.1. Scoring will be according WCR appendix A.
14.2. Three races are required to validate the event.
14.3. To request correction of an alleged error in the posted races or series results, a board shall complete a Scoring Enquiry Form available at the Race Office. The Scoring Enquiry Form shall be delivered not later than one hour after the results are published.

15. [DP] REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Request for substitution shall be made in writing at the first reasonable opportunity. Forms for replacement are available at the Race Office.

16. EQUIPMENT CHANGES AND MEASUREMENT CHECKS

- 16.1. **[DP][NP]** A board or equipment may be inspected at any time for compliance with the class Rules and Sailing Instructions. On the water, a board can be instructed by the Race Committee to proceed immediately to a designated area for inspection.
16.2. **[DP]** When changing to a rig with a different size sail, the crew must obtain the new rig and return the old rig at the same time to the equipment storage area. The equipment storage area shall be ashore in the vicinity of the launching area unless otherwise stated in the sailing instructions.

17. [NP] OFFICIAL BOATS

Official boats will be marked as follows:

- Race Committee boats - Orange Flag with flag "RC" in black letters
Protest Committee boat - White Flag with "J" in black letters
Media boats - White flag with "M" in black letters.

18. [NP] SUPPORT BOATS

- 18.1. All team support boats may display the national 3 letter code in black (min height 120 mm) on a white background which will be clearly visible on the support boat.
18.2. Support boats shall stay outside areas where boards are racing from the time of the preparatory signal for the first fleet to start until all boards have finished or retired or the race committee signals a postponement or abandonment except to assist a crew in distress or at request of the Race Committee.
18.3. Support boats shall comply with any reasonable request from a race official.
18.4. A personal flotation device shall be worn by all support boat personal at all time while afloat.
18.5. Support boat drivers shall use the kill cord in the recommended manner.
18.6. All support boats shall carry a tow rope (minimum 15 metres long and 8 mm thick)

19. [DP] [NP] TRASH DISPOSAL

As sailors, we seek to protect and restore our coastal and inland waters. Boards shall not intentionally put trash in the water. Trash may be placed aboard support and race committee boats. **This changes WCR 55.**

20. PRIZES

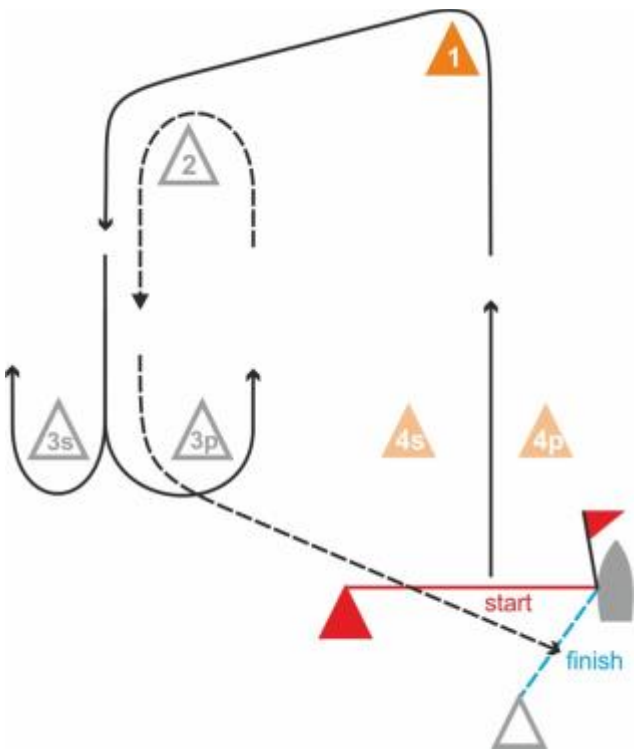
Prizes will be given according the Notice of Race.

21. [DP] [NP] SAFETY REGULATIONS

- 21.1 A board that retires from a race shall, if reasonably possible, notify the Race Committee before leaving the course area and shall report to the Race Office upon arriving ashore.
21.2 Competitors not leaving the event site for the day's racing shall inform the Race Office prior to the first start.

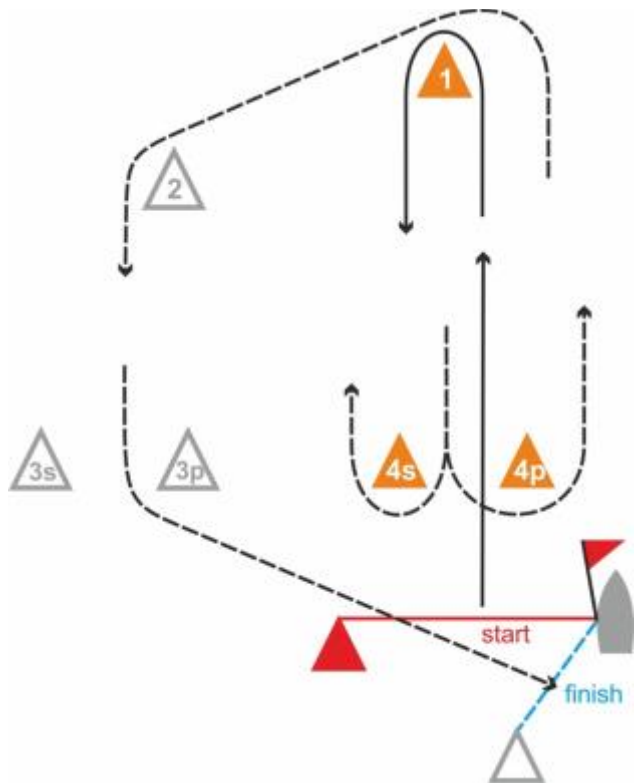
APPENDIX -A

COURSE: TRAPEZOID



OUTER LOOP

- O2: Start - 1 - 2 - 3s/3p - 2 - 3p - finish
- O3: Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - finish



INNER LOOP

- I2: Start - 1 - 4s/4p - 1 - 2 - 3p - finish
- I3: Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - finish