

# Techno 293 – Rest Periods Ashore

## Rules

There are currently four sailing instructions that govern the requirement for rest periods ashore.

6.3. [DP] [NP] Class Division flag displayed ashore with one sound means: ‘the warning signal will be made not less than 30 minutes after that flag is displayed.’ Boards shall not leave the beach until this signal is made.

If the Class Division flag is NOT displayed competitors SHALL NOT go afloat.

7.2. There shall be a maximum 4 races per day, and a maximum of 15 races in the championship, for each division.

7.4. Three (3) races may be sailed “back to back”.

7.7. After three races sailed back to back, or when a fleet is sent ashore having been called onto the water for more than 90 minutes, there shall be a rest period ashore of at least sixty (60) minutes for all boards affected.

7.8. [DP] [NP] When a fleet is sent ashore by AP over H or N over H, all boards in the fleet shall return ashore promptly when they have finished their race or retired.

## When are boards ‘called onto the water’?

A fleet is ‘called onto the water’ when their Class Division flag is displayed ashore with one sound (SI 6.3).

## How are boards sent ashore

Boards are sent ashore when the race committee signals AP over H or N over H for their fleet (SI 7.8).

## When must boards be sent ashore?

The race committee is required to send a fleet ashore when:

- 1) The fleet has sailed three races back to back (SI 7.4).
- 2) The fleet has sailed four races that day (SI 7.2).

Note: a race that is abandoned has not been sailed.

At all other times boards may be sent ashore at the discretion of the race committee.

## What must boards do when sent ashore

To ensure racing can continue without unnecessary delays, boards sent ashore must return ashore as soon as they have finished their race, their race is abandoned, or they retire (SI 7.8). Boards that do not comply may be protested (but not by another board) and penalised.

## When is a rest period ashore required?

A fleet ashore cannot be called onto the water again if it has sailed four races that day (SI 7.2).

When a fleet is sent ashore having sailed three races back to back, it must have a rest period ashore (SI 7.7).

When a fleet is sent ashore having sailed fewer than three races back to back, it must have a rest period ashore if, when the return to shore is signalled (AP over H or N over H), the time elapsed since its Class Division flag was displayed ashore is more than ninety minutes (SI 7.7).

In all other circumstances, boards ashore may be ‘called onto the water’ at any time.

## How long must boards remain ashore?

When a fleet is required to have a rest period ashore, the minimum rest period is sixty minutes from the time the last boat in the fleet reaches the shore (SI 7.7).

## Michael Short IJ

### Jury Chairman

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