



Organizing Authority:
Federação Portuguesa de Vela & Clube Naval da Praia da Vitória

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing – Racing Rules of Sailing (2021-2024) with the changes as per **Appendix B**;
- 1.2 If there is a conflict between languages, the English text will take precedence;
- 1.3 In all rules governing this regatta:
- 1.4 **[SP]** Denotes a rule for which a standard penalty may be applied by the Race Committee (RC) without a hearing. **This changes RRS A5**;
- 1.5 **[NP]** Denotes a rule that shall not be grounds for protests by a board. **This changes RRS 60.1(a)** as amended by **Appendix B**;
- 1.6 **[DP]** Denotes a rule for which the penalty is applied according to the RRS Introduction – Notation;
- 1.7 National Prescriptions National Authority prescriptions to Rules 60.1, 67, 86.3, 88.2 and 91b will apply and they will be posted at the Official Notice Board (**ONB**);
- 1.8 If there is a conflict between languages the English text will take precedence;
- 1.9 The arbitration system as described in **RRS Appendix T**.

2. **[SP] [NP] ADDITIONAL IDENTIFICATION AND ADVERTISING**

- 2.1 Each competitor shall wear event bibs provided by the Organizing Authority (**OA**). Event bibs shall be worn outside any other clothing or equipment at all times when afloat and during media interviews ashore;
- 2.2 Each competitor shall place stickers issued by the OA, as shown on the diagram in SI Appendix B. Competitors shall not cut or adapt the stickers in any way;
- 2.3 Penalties:
 - 2.3.1 Failure to comply with SI 2.1, 2.2 and 2.3 will result in a 2 points penalty without a hearing for the first race sailed on the day;
 - 2.3.2 Application of these penalties shall not result in a board being scored worse than DSQ;
 - 2.3.3 If no race is completed on the day of the infringement the penalty will be applied to the most recent completed race in the series or, if there were no races previously completed to the next completed race in the series.

3 **[DP] [NP] CAMERAS AND ELECTRONIC EQUIPMENT**

- 3.1 Competitors may be required to carry on their boards/rigs cameras as specified by the OA;
- 3.2 Tracking devices shall be picked up in the period published on the ONB and returned within the protest time limit.

4 NOTICES TO COMPETITORS

- 4.1 Notices to Competitors will be posted on the Official Notice Board.
foileuropeans2020.formulawindsurfing.org/notice-board

5 CHANGES TO SAILING INSTRUCTIONS

- 5.1 Any change to the Sailing Instructions will be posted on the ONB at least **60 minutes** before the scheduled start of the first race affected, except that any changes affecting the first possible start of the next day's racing shall be posted by **20:00** the day before it will take effect.



6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the Official Flag Pole (**OFFP**) located next to the ramp;
- 6.2 When a signal is displayed over a Division flag, it applies to that Division only. **This changes RRS Race Signals;**
- 6.3 When the **AP Flag** is displayed, '1 minute' is replaced with 'not less than **20 minutes**'. **This changes RRS Race Signals.**

7 FORMAT OF RACING

- 7.1 The regatta consists of a Single Series;
- 7.2 If the Women division is constituted Men and Women shall race separately.

8 EVENT SCHEDULE

- 8.1 The Championship schedule is as follows:

| | | | | |
|-----------------|----------|-----------|---------------|------------------------------|
| 1 st | February | Monday | 10:00 - 16:00 | Registration |
| | | | 17:00 | Welcome meeting |
| 2 nd | February | Tuesday | 11:00 | First Warning Signal - Races |
| 3 rd | February | Wednesday | TBA | First Warning Signal - Races |
| 4 th | February | Thursday | TBA | First Warning Signal - Races |
| 5 th | February | Friday | TBA | First Warning Signal - Races |
| 6 th | February | Saturday | TBA | First Warning Signal - Races |

TBA – To be announced

- 8.2 After 2nd of February, a “daily intended race schedule” and the scheduled time of the Warning Signal of the first race shall be published on the Official Notice Board. There will be a daily skippers meeting (adopting **COVID-19** restrictions) one hour before the first possible warning signal;
- 8.3 There will be a maximum of **6 races** on any day, in a maximum championship series of **25 races**;
- 8.4 Three (**3**) races may be sailed ‘back to back’;
- 8.5 To alert boards that a race or sequence of races will shortly begin, an **Orange Flag** will be displayed (with one sound) at least **2 minutes** before a **warning signal**;
- 8.6 The warning signal for the last race shall not be after **17:00** on the **06th of February**.

9 CLASS FLAG

- 9.1 The Division Flags and Ribbons shall be:

| Division | Ribbon | Flag |
|----------|-----------|---------------------|
| Women | Ribbon | White with FWC logo |
| Men | No Ribbon | Blue with FWC logo |

- 9.2 **[DP] [NP]** Competitors shall carry a ribbon, as per **SI 9.1**, provided by the local organizer tied in a visible place.

10 RACING AREA

- 10.1 The racing area is defined as an area extending **50m** beyond the course, including the starting line, the finishing line and their extensions, in which a board would normally sail while racing;
- 10.2 **[DP]** Boards not racing shall avoid the racing area. **This changes RRS 23.1;**
- 10.3 Location of racing area will be posted daily on the Official Notice Board.

11 COURSES

- 11.1 The course or courses to be used, will be published on the ONB before the daily skipper’s meeting. The diagrams will show the order in which the marks are to be passed, and the side on which each mark is to be left;
- 11.2 If more than one course option is prescribed for the days racing, no later than one minute before the warning signal, the Race Committee signal vessel shall display the course to be sailed on a white board.

12 MARKS

- 12.1 The **starting marks, finishing marks** and **marks of the course**, will be as described on the course diagrams posted on the ONB.



13 THE START

13.1 Races will be started using **RRS26** as amended by **Appendix B – System 1**, with the following amendment:

| Minutes before starting signal | Visual signal | Sound signal | Means |
|--------------------------------|--------------------------|--------------|--------------------|
| 3 | Class Flag | One | Warning signal |
| 2 | U or Black Flag | One | Preparatory signal |
| 1 | Preparatory Flag removed | One long | One minute |
| 0 | Class Flag removed | One | Start signal |

13.2 The starting line will be between two boats displaying an Orange Flag, as starting marks;

13.3 Boards shall **start on starboard**;

13.4 A board starting later than **3 minutes** after her starting signal will be scored Did Not Start (**DNS**). **This changes RRS A4 and A5**;

13.5 When a board breaks **rule 30.4**, the Race Committee will display the sail number(s) on a white board on the back of the Race Committee signal vessel before the first board has finished that race. Failure to display the sail numbers(s) will not be grounds for redress. **This changes RRS 62.1(a)**;

13.6 **[DP]** When a starting sequence is in progress, competitors whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle **75 meters** from the starting line and marks in all directions.

14 CHANGE OF THE NEXT LEG OF THE COURSE

14.1 To change the next leg of the course, the Race Committee will:

14.1.1 Lay a new mark;

14.1.2 Move the finish line;

14.1.3 Move the leeward gate or mark;

14.2 When the new mark is laid, the original mark will be removed as soon as practicable;

14.3 When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

15 THE FINISH

15.1 The finishing line will be between staff displaying a **Blue Flag** on a Race Committee vessel and the **Blue Flag** displayed on a mark.

16 TIME LIMITS, TARGET TIMES & REST PERIOD

16.1 The time limits and target times are as follows:

| Time limit | Target time | Finish Window |
|------------|-------------|---------------|
| 24 minutes | 12 minutes | 8 minutes |

16.2 Competitors failing to finish within the time stated in the **Finish Window**, after the first competitor in that group sails the course and finishes, will be scored Did Not Finish (**DNF**). **This changes RRS 35, A4 and A5**;

16.3 **Rest Periods-Back-to-Back races**. The warning signal for a subsequent race on the same day will be made as soon as practicable, except that the minimum interval between the closing of the finishing line and the new warning signal for that class will be **8 minutes**;

16.4 **Rest Periods-Ashore**. After a series of back to back races there shall be a rest period of a minimum of **45 minutes** ashore for the last finisher in the last race of that group.

17 PROTESTS & REQUESTS FOR REDRESS

17.1 Protest forms are available at foileuropeans2020.formulawindsurfing.org/notice-board Protests and requests for redress shall be delivered there within the appropriate time limit;

17.2 The protest time limit is **60 minutes** after the last board has finished the last race of the day or the Race Committee signals 'no more racing today';

17.3 Notices will be posted no later than **30 minutes** after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the hearing room, located near the Race Office;

17.4 Breaches of **RRS 77** and rules in the sailing Instructions marked **[NP]** will not be grounds for a protest by a board. **This changes RRS 60.1(a)**;



- 17.5 On the last scheduled day of a competitor's Series, a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day, or no later than **30 minutes** after the requesting party was informed of the decision on that day. **This changes RRS 66;**
- 17.6 On the last scheduled day of a competitor's Series, request for redress from an International Jury decision shall be delivered no later than **30 minutes** after the decision was posted. **This changes RRS 62.2.**

18 SCORING

- 18.1 Scoring will be according to the **WCR Appendix A** as amended by **Appendix B**, as amended in **18.3** for discards;
- 18.2 A minimum of **3 races** shall be completed by a division to validate a Championship for that Division;
- 18.3 A competitor's series score, will be the total of her race scores, excluding her worst score(s) as follows:

| <i>Opening Series Races</i> | <i>Discards</i> |
|-----------------------------|-----------------|
| 1-3 | 0 |
| 4-6 | 1 |
| 7-10 | 2 |
| 11-15 | 3 |
| 16-20 | 4 |
| 21-25 | 5 |

- 18.4 To request correction of an alleged error in the posted results, a board shall complete a scoring enquiry form available at foileuropeans2020.formulawindsurfing.org/notice-board;

19 SAFETY REGULATIONS

- 19.1 **[DP] [NP]** A board that retires from a race shall, if reasonably possible, notify the Race Committee before leaving the course area and shall report to the Race Office upon arriving ashore;
- 19.2 **[DP] [NP]** Competitors not going afloat for all or part of the day's racing shall inform the Race Office, prior to the first start affected;
- 19.3 **Safety System.** If prescribed shall be published on the Official Notice Board;
- 19.4 **[DP] [NP]** Competitors shall at all times whilst afloat wear an impact vest or a personal flotation device that shall conform to the minimum standard **ISO 12402-5** (level 50) and a suitable protective helmet;
- 19.5 **[DP]** Competitors and support persons shall comply with any reasonable request from an event's official. Failure to comply may be misconduct;
- 19.6 Reasonable actions by event officials to implement **COVID-19** guidance, protocols or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.

20 EQUIPMENT REGISTRATION and REPLACEMENT OF EQUIPMENT

- 20.1 An [Online Equipment Inspection Form](#) shall be completed by each competitor and submitted before the end of registration at **16:00** on **Monday 1st February**;
- 20.2 **[DP]** Substitution of damaged or lost equipment will not be allowed unless approved by the Technical Committee. Requests for substitution shall be at foileuropeans2020.formulawindsurfing.org/notice-board to the Race Office at the first reasonable opportunity on the form provided.

21 OFFICIAL BOATS

- 21.1 **[NP]** Race Committee boats display a White Flag with Black RC;
- 21.2 Rescue boats shall display a White Flag.

22 SUPPORT BOATS

- 22.1 All support boats shall conspicuously display their national flag;
- 22.2 Support boats must be outside each course area at all times that boards are racing in that area, except to assist a crew in distress or at the specific request of the Race Committee.

23 [DP] TRASH DISPOSAL

- 23.1 Trash may be placed aboard support and Committee boats.

24. PRIZES

- 24.1 Prizes will be awarded according to the NoR;
- 24.2 All competitors and coaches are required to attend the opening and closing ceremonies. Prize winners not attending may forfeit their Prize.

