





SAILING INSTRUCTIONS

[**DP**] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat. [SP] denotes a rule for which a standard penalty may be applied by the race committee without a hearing.

Note - The term 'support team' means coaches, team leaders and other support personnel.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing.
- 1.2. The OBCA Class Rules apply, with the following amendment to C.5.1.(i) A tow line not less than 5mt in length and 7mm in diameter shall be fixed to the boat and be ready to use at all times while afloat.
- 1.3. If there is a conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence. **This changes RRS 63.7.**
- 1.4. The Open Bic Addendum Q, approved by World Sailing under RRS 86.2 and allowing umpiring on the water for all races, will apply.
- 1.5. RRS Appendix P will apply as per O'Pen Bic Class Rules.
- 1.6. If there is a conflict between NOR and SI, the protest committee shall resolve that conflict in the manner that it believes will provide the fairest result for all boats affected. **This changes RRS 63.7.**
- 1.7. If there is a conflict between languages the English text will take precedence

2. NOTICES TO COMPETITORS

2.1. Notices to the competitors will be posted on the Official Notice Board located on the windows of the rest room adjacent to Hanger 1.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the Sailing Instructions will be posted not less than 90 minutes before the scheduled warning signal of the race it takes effect, except that any change to the schedule of the first race of the day will be posted by 20:00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed at the Official Flag Poles located in front of Hanger 1.
- 4.2. When a signal is displayed over a Division/Group flag it applies to that Division/Group only.
- 4.3. **[DP][NP]** When the Division/Group flag is displayed ashore competitors can go afloat. The warning signal will be in not less than 30 minutes. **If the Division/Group flag is NOT displayed competitors SHALL NOT go afloat.**

5. SCHEDULE OF RACES & MEETINGS & FORMAT

Saturday 16 July	Arrival, training, charter distribution

Sunday 17 July	10:00 – 17:00	Registration & equipment inspection
Monday 18 July	10:00 – 12:00	Late registration
	12:00	Coaches meeting
	14:00	Selection Race
	18:00	Opening Ceremony
Tuesday 19 July	10:00	First possible warning signal
Wednesday 20 July	10:00	Racing
Thursday 21 July	10:00	Team Racing Freestyle Session
Friday 22 July	10:00	Racing
	18:00	Social evening including dinner
Saturday 23 July	10:00	Racing
	16:00	Last possible warning signal
	19:00	Prize giving and closing ceremony
Sunday 24 July		Departure

- 5.1. Participation in the **selection race** is mandatory.
- 5.2. The daily race schedule and the scheduled time of the Warning signal for the first race will be posted on the Official Notice Board.
- 5.3. There will be a Coaches Meeting at 12:00 on 18th July in the Salle at Croisiere building; and the selection race is scheduled for 14:00. **This changes NoR 7.1**.
- 5.4. There will be 3 races per day, and a maximum of 12 races in the championship, for each division. One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to instruction 3. 1. **This changes NoR 6.1.**
- 5.5. To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound signal for at least five minutes before a warning signal is displayed.
- 5.6. On the last day of the regatta no warning signal will be made after 16:00 hrs.

6. RACING FORMAT group racing

- 6.1. The qualifying series (First round) shall be 6 races.
- 6.2. Groups in the first round shall be reassigned at the end of each day if all groups in a Division have completed an equal number of races. They shall be intermixed according their current (overall) standing in the Division.
- 6.3. For the first day competitors shall be assigned to groups Yellow or Blue according to a seeding list defined as the competitors list in National letter and sail number order.
- 6.4. At the end of the First round an overall standing shall be established. If racing in the Final round is not possible this standing shall count as the official result.
- 6.5. The Final round shall be raced in Gold and Silver Groups. The Gold group shall consist of the top half of the competitors in the overall standing at the end of the first round, plus one in case of an odd number of entries. In case of ties at the breakpoint those competitors so tied shall sail in the Gold group
- 6.6. A competitors group standing shall be the sum of his/her scores excluding their worst score(s). Silver group competitors shall be ranked in the division standing after those in the Gold group.
- 6.7. When 4 races have been completed the worst score shall be excluded; if 9 races or more are completed the worst score from the first round and the worst score from the final round shall be excluded.

7. CLASS FLAGS & GROUP RIBBONS

Division/Group flags & ribbons shall be:

Division	Group	Flag	Ribbon
Under 13	Χ	White with class logo	Red/white
Under 16	Yellow-Gold Blue-Silver	Yellow with black letters 'FC' Blue with black letters 'FC'	Yellow Blue
Under 19	Χ	Green with black letters 'FC'	

8. RACING AREAS

- 8.1. The racing area is defined in SI's Appendix A as an area extending 75 metre beyond the course including the starting line, the finishing line and their extensions, in which a boat normally sails while racing.
- 8.2. **[DP]** Boats not racing shall avoid the racing area.

9. COURSES

- 9.1. The course to be sailed will be published daily on the Official Notice Board.
- 9.2. The approximate angles between legs, the order in which the marks are to be passed, and the side on which each mark is to be left.
- 9.3. If more than one course is prescribed on any day, the course to be sailed will be displayed on a white board with course code in black letters no later than 1 minute before the warning signal.

10. MARKS

10.1. The marks will be:

Course Marks	As described on the course diagram
Starting marks	Race Committee start line boats
Finishing marks	Race Committee finishing boat and a white buoy

11. [DP] [NP] FORBIDDEN AREAS & OBSTRUCTIONS

11.1 There are no restricted areas or obstructions in the racing areas; except competitors shall launch and recover from the area in front of Hanger 1.

12. THE START

- 12.1. Races will be started according to RRS 26.
- 12.2. The starting line will be between staffs displaying an orange flag on the starting marks.
- 12.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. **This changes RRS A4 and A5.**
- 12.4. If **Flag U** has been displayed no part of the boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. **This changes rule 26 and RRS 63.1**. When flag U is used as the preparatory signal rule 29.1 Individual recall does not apply. The scoring abbreviation for a flag U penalty is UFD. **This changes A11 Scoring Abbreviations.**

13. THE FINISH

13.1. The finishing line will be between a staff displaying a Blue/Orange flag on the boat and the finishing buoy.

14. TIME LIMITS & TARGET TIMES

- 14.1. The target time for the first finisher is 30 minutes.
- 14.2. Boats failing to finish within 15 minutes of the first finisher in their respective division or group shall be scored DNF except those who are scored DSQ, BFD, UFD, OCS, RET, RDG or DNE. **This changes RRS 35, A4 and A5.**

15. PROTEST & REQUESTS FOR REDRESS

PLEASE READ CAREFULLY THE O'BIC ADD.Q ABOUT PROTESTS

- 15.1. Protest forms are available at the Race Office. Protest and request for redress or reopening shall be delivered at the Race Office within the protest time limit.
- 15.2. No protest or request for redress will be accepted unless the protesting boat notifies the finish boat on the water immediately after finishing. The only exception is for boats that retire from the race. **This changes RRS 63.1.**
- 15.3. **[DP][NP]** Boats retiring from a race shall complete a Retirement Declaration Form at the Race Office before the end of the protest time limit.

- 15.4. For each Division/Group the protest time limit is 60 minutes after the last boat of her Division/Group has finished the last race of the day, or the Race Committee signals "AP over A", whichever is later.
- 15.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as a witness. Hearings will be held in the protest room located in the Formation Block.
- 15.6. Notices of protest by the Race Committee or Jury will be posted on the Official Notice Board to inform boats under rule 61.1(b).
- 15.7. Breaches Sailing Instructions marked **[NP]** will not be grounds for a protest by a boat. **This changes RRS 60.1(a).** Penalties for breaches marked **[DP]** are at the discretion of the protest committee and may be less than disqualification if the protest committee so decides.
- 15.8. On the last day of the of qualifying series and on the last day of regatta a request for reopening a hearing shall be delivered
 - 15.8.1. Within protest limit if the requesting party was informed of the decision on the previous day.
 - 15.8.2. No later than 30 minutes after the requesting party was informed of the decision on that day.

This changes RRS 66.

- 15.9. On the last day of the regatta a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. **This changes RRS 62.2.**
- 15.10. Decisions of the international jury will be final as provided in RRS 70.5.

16. [DP] [NP] PERSONAL EQUIPMENT

Competitors may carry or wear a timing device. This changes Class Rule C.3.

17. SCORING

- 17.1. Scoring will be according RRS Appendix A as amended for discards.
- 17.2. When 3 or less races have been completed there will be no discard. When 4 to 8 races have been completed a boats series score will be the total of her race scores excluding her worst score. After 9 races have been completed there will be 2 discards. This does not apply to Group Racing, see SI 6.7.
- 17.3. Three races are required to validate the event for each division.
- 17.4. To request correction of an alleged error in the posted races or series results, a boat shall complete a Scoring Enquiry Form available at the Race Office. The Scoring Enquiry Form shall be delivered not later than 19:00 of the day involved except if the results list is published after 18:30 in that case the form shall be delivered not later than 9:00 of the day after.

18. [DP][NP] SAFETY REGULATIONS

- 18.1. The Safety System applies at all times during the regatta.
 - 18.1.1 When going out to race each competitor intending to race shall personally sign out against her name/sail number.
 - 18.1.2 On returning ashore each competitor shall personally sign in to confirm that she has returned to shore, either within 30 minutes of the end of the time limit of that race, or, in the case of back to back races, of the last race of that Division/Group for the day or, within 30 minutes after being instructed to go ashore by the Race Committee.
 - 18.1.3 Sign-Out and Sign-In Lists will be provided by the Race Committee at desks located inside and near the front of Hanger 1.
- 18.2. Competitors leaving the race before finishing shall inform the Race committee (RC boats or Rescue boats) as soon as possible. If this is not possible the competitor shall inform the Race Office.
- 18.3. **[SP**] Penalties:
 - 18.3.1. Failure to sign-out will result in a 5 points penalty without a hearing for the first race sailed.
 - 18.3.2. Failure to sign-in will result in a 5 points penalty without a hearing for the last race sailed.
 - 18.3.3. A boat shall not score worse than DSQ

19. [DP] REPLACEMENT OF EQUIPMENT

19.1. Substitution of damaged or lost equipment will not be allowed unless authorized by the Race Committee. Request for substitution shall be made in writing at the first reasonable opportunity. Forms for replacement are available at the Race Office.

20. [DP] EQUIPMENT CHECKS

20.1. A boat or equipment may be inspected at any time for compliance with the class Rules and Sailing Instructions. On the water, a boat can be instructed by the Race Committee to proceed immediately to a designated area for inspection.

21. [DP] [NP] SAIL IDENTIFICATION, RIBBONS & EVENT LYCRAS

- 21.1. Sail numbers may also be placed within the 3rd sail panel from the bottom of the sail, but shall otherwise comply with RRS Appendix G.1.3. **This changes Class Rule C.9.3.a)2).**
- 21.2. Event lycras shall not be cut, trimmed, defaced or altered in any way.
- 21.3. Leaders lycras will be issued after the first day of racing; and details will be posted daily on the Official Notice Board,

22. OFFICIAL BOATS

22.1. Official boats will be marked as follows:

Race Committee boats - Blue pennant Rescue boats - Yellow pennant

Jury boats - Yellow or White flag with 'JURY' or "J" in black letters

Media boats - Green pennant

23. [DP] [NP] SUPPORT BOATS

- 23.1. All team support boats shall display the yellow sticker disc marked with "coach" and registration number. The sticker will be clearly visible on the support boat.
- 23.2. Coach and support boats shall stay outside areas (75 mt min from any laylines and starting/finishing marks) where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or retired or the race committee signals a postponement or abandonment except to assist a crew in distress or at request of the Race Committee.
- 23.3. Support boats shall comply with any reasonable request from a race official.
- 23.4. When **Flag V** is displayed on the Race Committee Signal Boat with repetitive sound signals all coaches and other support boats shall monitor **VHF channel** 25 depending on a racing area or go to the Race Committee Signal Boat to assist in Search and Rescue operations.
- 23.5. A personal flotation device shall be worn by all support boat personal at all time while afloat; the kill cord fitted and used in the recommended manner.
- 23.6. All coach boats shall carry a tow rope (minimum 15 metres long and 8 mm thick); no more than 2 persons (registered coach + 1) shall be on-board while afloat except while assisting competitors.
- 23.7. An alleged breach of any of the regulations in SI #23 may be referred to the Race Committee and Jury. The Race Committee may instruct the organizing authority to withdraw accreditation and access rights to the regatta venue and the course areas from the offending party without the option of replacement during the regatta.

24. [DP] [NP] TRASH DISPOSAL

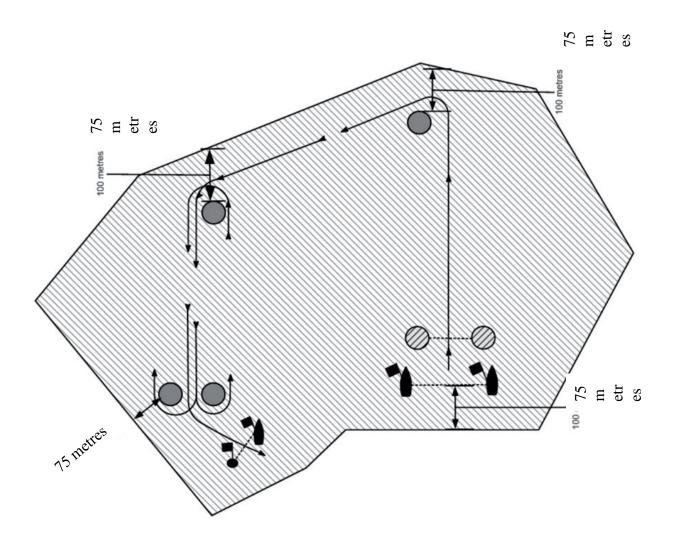
24.1. As sailors, we seek to protect and restore our oceans and coastal waters. Boats shall not intentionally put trash in the water. Trash may be placed aboard support and race committee boats.

25. PRIZES

25.1. Prizes will be given according the Notice of Race.

APPENDIX -A

RESTRICED AREAS:





The areas are defined as follows: not closer than 75 metres to any boat racing (except a boat in distress requiring assistance) or to a mark, layline or rumbline, and inside the course trapezoid. Until the starting signal coach boats shall be at least 75 metres below the starting line or its extensions.